

## Support and Techniques for Empowering Date 1 for **Empowering People**

## Life Enrichment Center

We believe the community is stronger and more vibrant when everyone has opportunities to pursue and achieve their goals.

We coach people with disabilities to acquire skills, broaden their knowledge and make informed decisions about the life they want to lead.

- Creating connections within the community
- Engage in volunteer opportunities
- Identifying leisure interests
- Pursuing recreational opportunities
- Connecting with work or vocational resources
- Strengthening friendships and family relationships
- Pursuing civic engagement
- Providing and receiving emotional support and encouragement
- Recognizing and enhancing skills



With unwavering respect for the preferences of the individual and using a team approach, we coach the person and the people who care about them to navigate life's opportunities and risks.



Call or visit our website for more information, including options for flexible schedules and after school availability.

www.step-inc.org/life-enrichment-center

Life Enrichment Center-V7.pdf



We offer these services at our Life Enrichment Center in Billings, as well as, in typical community settings.

