



## SUPPORT AND TECHNIQUES FOR EMPOWERING PEOPLE

### SERVICES FOR FAMILIES AND CHILDREN

STEP's Family and Children's services offer supportive coaching strategies aimed at helping families identify and achieve goals for their child with intellectual/developmental delays and disabilities. Our certified Family Support Specialists serve as guides to reduce the negative effects of stress on both the family and the child, understand rights and opportunities for child advocacy, shape the child's social skills and behaviors, prepare for successful transitions, and increase awareness of community resources.

### RENEWAL RECOVERY RESIDENCES

STEP's Renewal Recovery Residences provide housing to over 40 people new in recovery from substance use in homes certified by the Recovery Residence Alliance of Montana. Our program ensures essential support, cultivating a recovery-oriented environment with structured accountability. We uphold standards through a collaborative, strength-based approach, emphasizing the ideal balance of freedom and structure for a successful transition to life in recovery.

### LIFE ENRICHMENT CENTER

STEP's Life Enrichment Center provides individualized services that support people with intellectual/developmental disabilities to explore options and choose priority goals for their life, and overcome challenges and barriers to reaching those goals. Our team identifies opportunities for people to make valued connections with others, identify leisure and recreational interests, participate in community activities such as volunteering, strengthen positive relationships, and pursue civic engagement. Our experienced team implements individualized processes and activities to assist people to build their skills following the foundational principles of person-centered thinking.



For additional information please visit us at [step-inc.org](http://step-inc.org) or call us at 406.248.2055.